# SPA GUIDELINES

## **HOURS**

8 AM - 9 PM

All spa services are by appointment only. After-hours appointments are available for an extra \$40.

## WHAT TO BRING & LEAVE BEHIND

Robes are provided. Please leave cell phone, jewelry, and any valuables behind.

## WHEN TO ARRIVE

We suggest that you arrive freshly showered 10 minutes prior to your appointment. Arriving late will limit the time of your services as they will end at the scheduled time.

## **CANCELLATION POLICY**

Appointments must be cancelled 24 hours in advance of scheduled service to avoid cancellation fee.

## **GRATUITY**

Gratuity is not included but appreciated.

# **BOOK TODAY**

760.485.4443

EMAIL INFO@SPA-SERVICES.COM



# **MASSAGE**

### **SWEDISH MASSAGE**

Using the classic European techniques of medium to light massage to promote relaxation. This massage enhances circulation and relieves sore muscles to melt away the stresses of a busy life.

60 Minute - \$150 || 90 Minute - \$200 || 120 Minute - \$250

### **DEEP TISSUE & SPORTS MASSAGE**

An intensive massage experience focusing on areas of tension that you and your therapist identify. If your lifestyle is highly active or especially stressful, this massage is for you.

60 Minute - \$165 || 90 Minute - \$215 || 120 Minute - \$265

#### **EAST-WEST MASSAGE**

Combines the best of both worlds, with oriental pressure point techniques for liberating tension, plus the soothing relaxation benefits of Swedish massage.

60 Minute - \$165 || 90 Minute - \$215 || 120 Minute - \$265

### RESTORE, REFRESH, REVIVE MASSAGE

Want to speed up the recovery from that long flight, too much golf or tennis, or recover from a little too much celebrating? This is the massage for you... CBD infused oil is used to induce circulation and provide total relaxation

60 Minute - \$175 || 90 Minute - \$225 || 120 Minute - \$275

#### HOT STONE MASSAGE

Warm stones are used to impart heat onto the body to release muscle tension. As the stones deliver concentrated centers of heat, the therapist is simultaneously massaging with oiled, heated stones held in the palm of the hand.

60 Minute - \$170 || 90 Minute - \$220 || 120 Minute - \$270

#### **MOTHER-TO-BE MASSAGE**

A safe, comfortable and relaxing massage for the expectant mother.

60 Minute - \$150 || 90 Minute - \$200 || 120 Minute - \$250

# **FACIALS**

### **EUROPEAN TRADITIONAL FACIAL**

A nourishing, relaxing, rejuvenating treatment for the skin. This facial includes a deep cleansing peel, regenerating fluids and mask. Includes a massage of the face, hands and feet.

60 Minute - \$150 || 90 Minute - \$200

### SERENITY FACIAL

An aromatherapy facial using herbal products and essential oils. Includes a deep cleansing peel, regenerating fluids and mask plus massage of the face, hands and feet.

60 Minute - \$160 || 90 Minute - \$210

#### **EXTERNAL YOUTH FACIAL**

Oxygenate and moisturize your skin at deeper levels by using a renewing mask and refreshing oils. Includes a deep cleansing peel and massage of the face, hands and feet.

60 Minute - \$165 || 90 Minute - \$215

#### ADDED TREATMENTS

Lip & Eye Anti-Aging | \$30 CBD | \$40

# WAXING

LIP, CHIN, CHEEK

\$30 each | \$80 for all three

**BROW & UNDERARM** 

\$35 each

BIKINI, ARMS, LOWER LEGS

\$70 each

BRAZILIAN, FULL LEGS, CHEST, BACK

\$90 each