



GREAT BLUE HERON GRILL

LUNCH

SHAREABLES

CLASSIC TOMATO BRUSCHETTA | 10
grilled avenue baguette, ricotta, fresh tomato, olive oil, garlic, basil V

CRISPY BREADED CHICKEN WINGS | 18
choice of bbq, buffalo, honey garlic

BACON WRAPPED DATES | 12
GL | DF

CHEESE & CHARCUTERIE | 27
selection of local, imported cheeses and charcuterie, avenue bread, pickled vegetables, house made jam, fresh fruit

BURGERS

CLASSIC CHEESEBURGER | 19
8 oz american kobe beef patty, lettuce, tomato, red onion, house-made pickles, roasted garlic aioli, cheddar cheese, brioche bun, fries

BBQ BACON CHEESEBURGER | 22
8 oz american kobe beef patty, bbq sauce, bacon, pepperjack, onion ring, lettuce, tomato, red onion, house-made pickles, brioche bun, fries

TOFU BAHN MI | 18
sweet chili tofu, tamari mayo, avenue baguette, pickled vegetables, fresh herbs, cucumber, lettuce, house chips V

AVOCADO CHICKEN BURGER | 19
grilled chicken breast, avocado, chipotle ranch, lettuce, tomato, onion, house-made pickles, brioche bun, fries

We love our rivers, lakes, and oceans!
Whenever possible our seafood, meat and produce are local, seasonal, traceable & ethical.

SOUPS + SALADS

CAESAR SALAD 9 | 14
romaine, parmesan, herbed croutons, creamy anchovy dressing

HOUSE SALAD 9 | 14
mixed greens, local apples, holmquist hazelnuts, chevre, sherry vinaigrette VE, CN

ASIAN CHICKEN SALAD 10 | 15
grilled all-natural chicken breast, crispy wontons, edamame, cabbage, romaine, scallions, carrots, sesame ginger dressing DF

ROASTED BEET & BURATTA SALAD 16
baby kale, roasted beets, fresh burrata, candied pine nuts, lemon vinaigrette V, GL

SEAFOOD CHOWDER 9 | 13
GL

SOUP OF THE DAY 8 | 11

ADD TO ANY SALAD:
grilled chicken 8 | grilled steak 10
wild salmon 12 | alaskan halibut 14



CLASSICS

BEER BATTERED FISH AND CHIPS | 19
two pieces of wild caught alaskan cod, crispy tempura batter, cole slaw, fries

SESAME SALMON BOWL | 26
6oz wild salmon filet, edamame, wakame seaweed, pickled ginger, sesame ginger glaze GL, DF

FRENCH DIP | 22
oven roasted prime rib, swiss cheese, avenue baguette, au jus, house chips

CURRY CHICKEN SALAD CROISSANT | 18
chicken breast, mild curry aioli, cranberries, cashews, cilantro, fresh croissant, house chips

LET'S BE FRIENDS!
  @semiahmoogolf

Consuming raw or undercooked food can lead to food-borne illnesses.
20% taxable service charge will be automatically added to parties of six or more.

V - Vegetarian | VE - Vegan | DF - Dairy Free | GL - Gluten-Less | CN - Contains Nuts