

425

THE EASTSIDER'S MAGAZINE

Women to Watch

PLUS!

Bake an Heirloom
Tomato Tart

Hike Mount Rainier's
Lakes Loop Trail

Feast: Kirkland's New
French Brasserie

Haley
Shepley

LaEisha
Howard

Suzanne
Sinegal
McGill

Tori
Dunlap

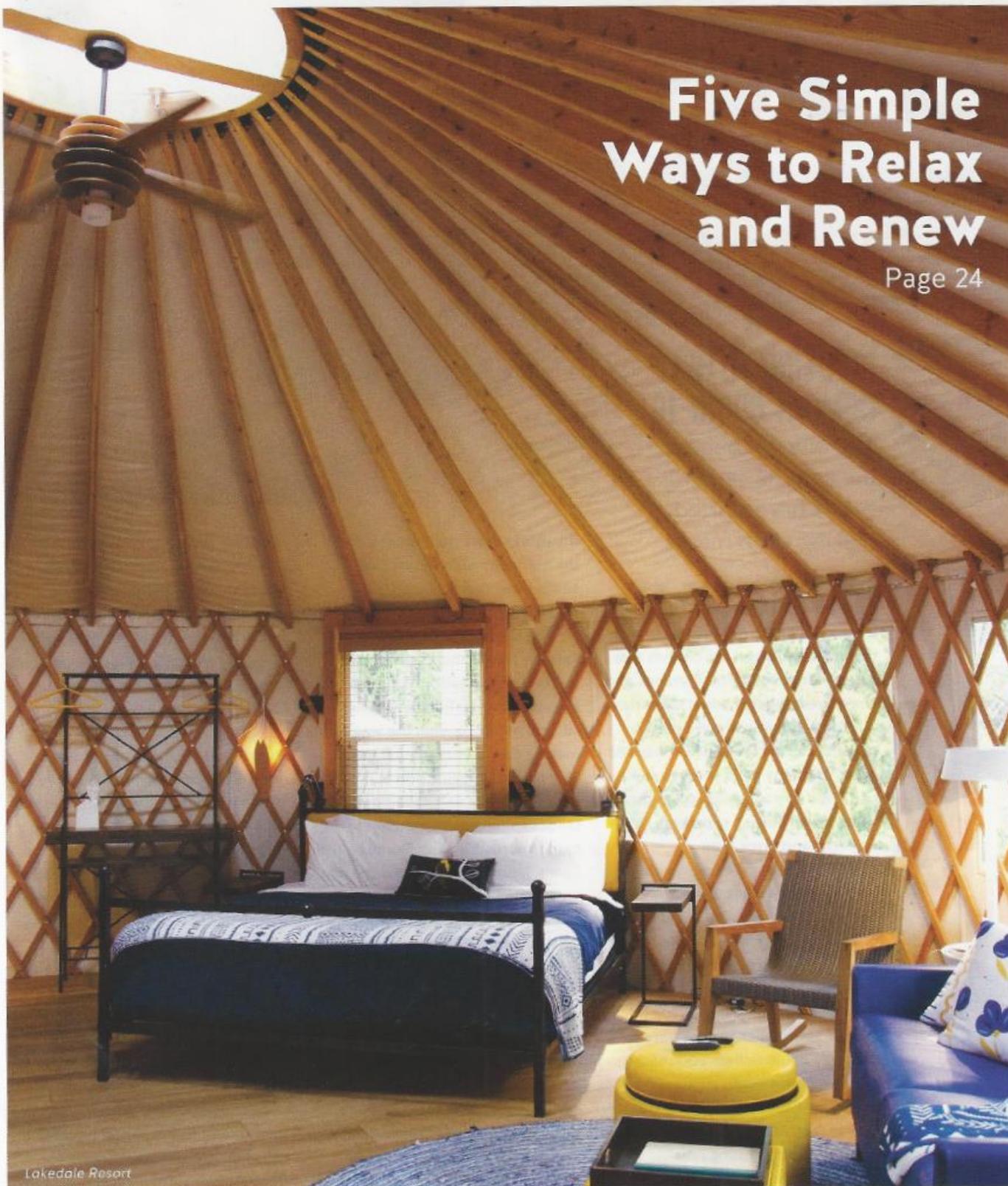
Traci
Schneider

Paula
Sardinas

Inside Scoop

Five Simple Ways to Relax and Renew

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Lakedale Resort

5 Simple Ways to Relax and Renew

Here are some places offering the R&R that we are dreaming about.

THE WOODMARK HOTEL. Stay close to home at The Woodmark Hotel in Kirkland and have it all. Book a room, and enjoy long walks along the lake, kayaking and paddleboarding, and a long massage at Still Spa. thewoodmark.com

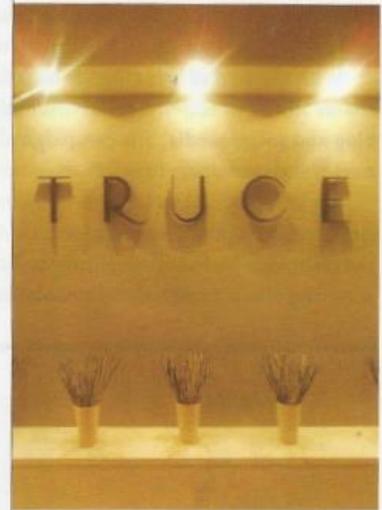


SALISH LODGE & SPA. This award-winning spa is back and ready to pamper. It offers everything from organic treatments, maternity massages, and even a couple's fireside massage. salishlodge.com

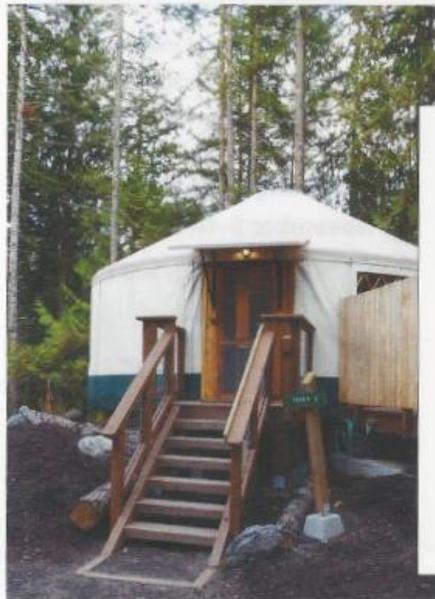
YUAN SPA. East and West meet at Yuan Spa in Bellevue, a sanctuary in the heart of the city where stress melts away. Think hot stone massage, mani/pedis, and even a facial called G.L.O.W. because your face will. They offer several packages so you can spend the day there, or enjoy a quicker refresh. yuanspa.com



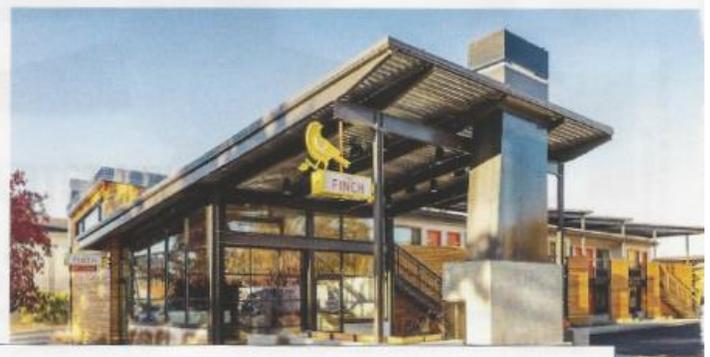
TRUCE SPA. Inside the Westin Bellevue, TRUCE is open, operating at 50 percent capacity and revised hours to help maintain a safe environment for guests and staff. Book an appointment for a luxurious mani/pedi, massage, facial, and more. Make sure to check out the candles on your way out. A portion of proceeds benefits Escape to Peace, a nonprofit that aids victims of human trafficking. trucespa.com



CLOCKWISE FROM TOP LEFT: COURTESY WOODMARK HOTEL & STILL SPA VIA FACEBOOK; COURTESY SALISH LODGE & SPA; COURTESY TRUCE SPA VIA FACEBOOK; COURTESY THE FINCH; PHOTO BY JOANNA KRESGE; COURTESY YUAN SPA



LAKEDALE RESORT. Lakedale Resort at Three Lakes is the perfect place for those who want to connect with the outdoors to unwind in luxury yurts and canvas cottages. Rent a boat and take to the lake, and enjoy a wine and s'mores dinner. lakedaleresort.com



THE FINCH. Need a change of scenery? Us, too. Hit the road and head to beautiful Walla Walla. Bike, hike, sip wine, and rest at The FINCH. This modern hotel just opened last October. finchwallawalla.com