

hey pretty thing

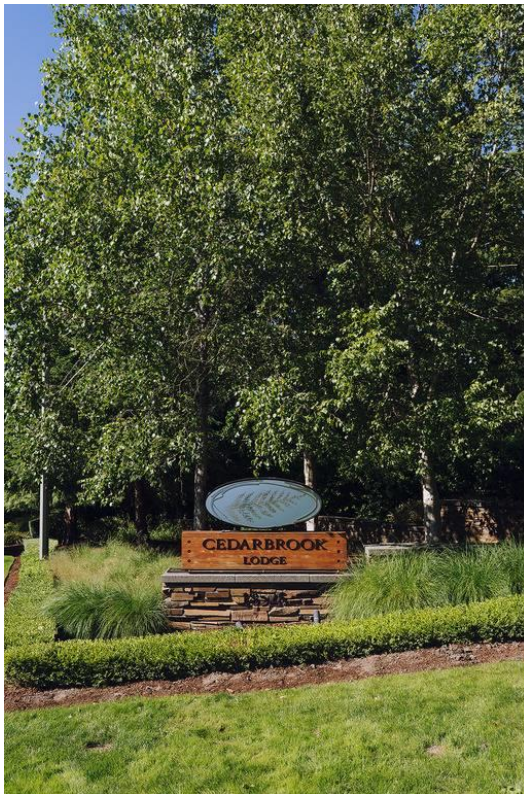
JULY 16, 2018 / TRAVEL / SEATTLE, WA

STAYCATION AT CEDARBROOK LODGE



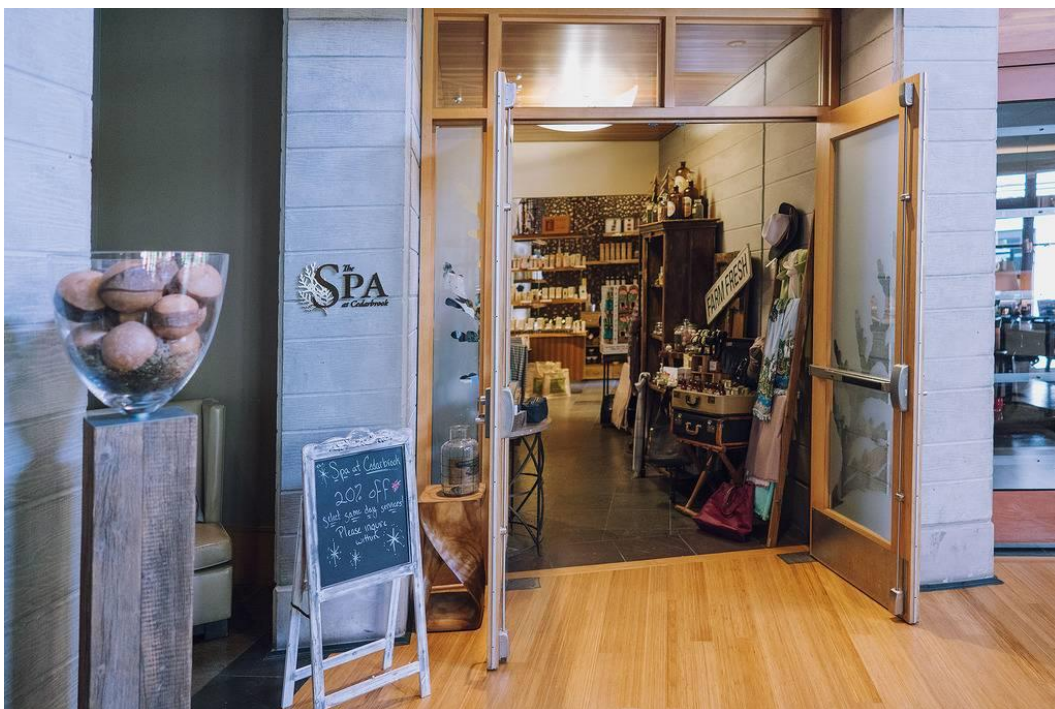
I've been wanting to further explore my beautiful state of Washington, so when Cedarbrook Lodge contacted me about a staycation, I was excited to check out the resort. Staycations are best when you only have a night or a weekend, but you want a getaway without all the travel time. What made the staycation at Cedarbrook Lodge even more relaxing was that the drive was only 30-minutes from downtown Seattle.







Even though we didn't travel far, we certainly felt like we had been transported to a remote, tranquil resort the moment we pulled into Cedarbrook Lodge, as the lush green scenery and multiple babbling brooks greeted us. We stayed in a **Deluxe Balcony King room**, which offered sweeping views of the property's gardens and surrounding trees. We enjoyed slow mornings on our private balcony taking in the sights with coffees in hand.

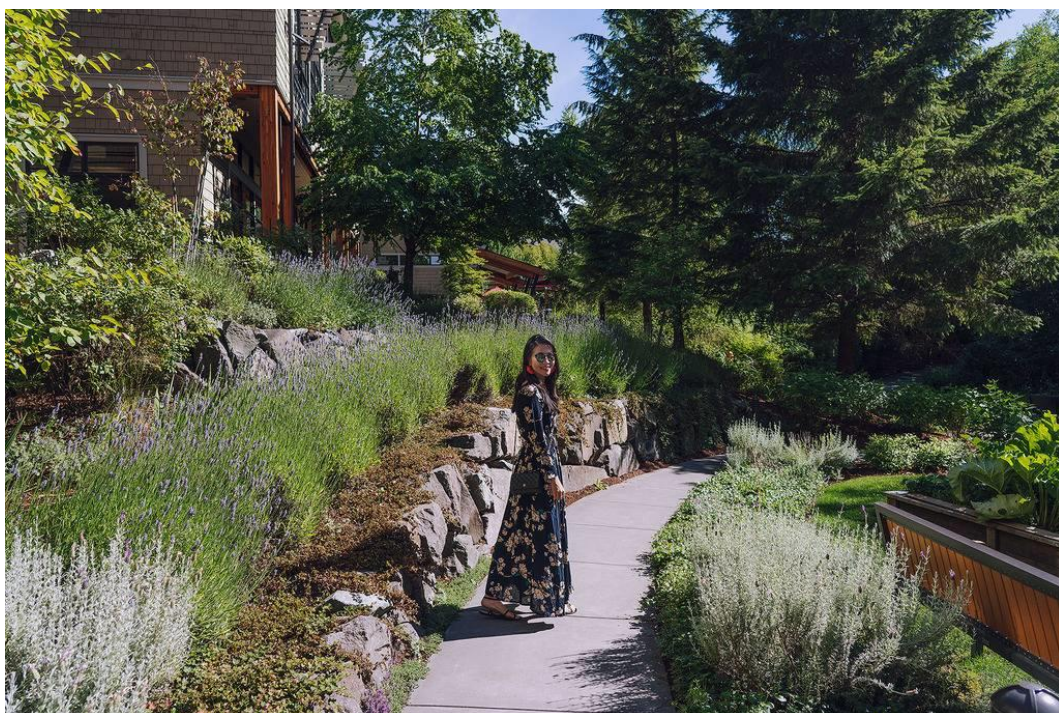






Personally, no staycation is complete without a trip to the spa. Husband feels the same way (does your guy love the spa too? Massages, pedicures, you name it!), so we made our way downstairs to the [Spa at Cedarbrook](#). Husband had a 50-minute [Cedarbrook Signature Massage](#), which is the most popular service and includes aromatherapy and optional hot stone add-on.

I received a 50-minute [Sea Salt Exfoliation](#), a treatment that started with a full body exfoliation with a blend of sea salt, herbs, and essential oils. If you want a gentler exfoliation, opt for the [Sugar Scrub](#). Then came my favorite part! The [Vichy hydrotherapy massage](#) (the horizontal shower heads pictured above) rinses away the salts, and it feels like you're laying under a warm waterfall. Lastly, you're massaged with a hydrating cream, leaving you with the softest skin. I rarely see Vichy on other spa menus, so definitely make your way to the [Spa at Cedarbrook](#) if this service interests you!









In the evening, we leisurely strolled through Cedarbrook's vegetable gardens (I even saw chefs cutting herbs for dinner service!) before making our way to Copperleaf Restaurant, the stunning restaurant conveniently located within the resort. The seasonal menu features fresh Pacific Northwest farm-to-table ingredients and seafood like the White Sturgeon Caviar Tart with Golden Beets and the Dungeness Crab Ravioli. For my main, I ordered a filet mignon from the Gleason Ranch — a ranch in Brady, WA that is owned by one woman and has been in her family for generations. The cows are grass-fed, and the owner personally tends to all of them. This is emblematic of Copperleaf's dedication to sustainable, local ingredients.

After a weekend staycation, we drove home feeling fully refreshed. Thank you to Cedarbrook Lodge for having us!